

▶ Rape is NEVER the victim's fault!!!

* Often, after a sexual assault, the victim feels as though their behavior may have somehow contributed to what happened to them???

* Sometimes victims of sexual assault question if what happened to them is actually assault???

* Your Community Connection can help you answer these questions. You can heal from the pain of sexual assault. You don't have to do it alone....



CALL US WE CAN HELP!
801-689-1723



Did you know...

- ▶ 1 in 4 High School students are involved in a physically violent relationship by graduation.
- ▶ In 2009, 12% of students were involved in abusive relationships; which with over 491,000 students, that = **58,945 students!**
- ▶ 47% of rape victims in Utah are under the age of 18
- ▶ Only one in every ten rapes are reported to the police
- ▶ 85% of rapes are committed by someone the victim knows

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OF OGDEN/NORTHERN UTAH

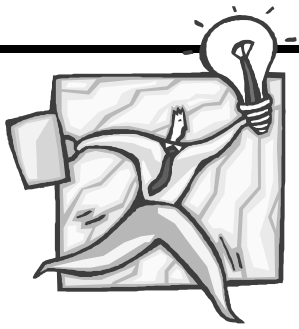
Rape Education Program



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Rape Education Program

The purpose of the rape education program is to increase awareness of sexual assault, dating violence, and sexual harassment in Weber County youth. It is our hope that through knowledge and awareness teens can make educated and safe decisions as they navigate through dating relationships and approach adulthood. Information can be provided in a variety of formats, the most popular of which is the 45 min power point presentation for each topic. The format can also be in a weekly group/workshop format that goes on for several weeks. This is the more interactive option.

The material covered in each topic is as follows:

Sexual Harassment: This presentation often highlights behaviors that kids see every day in the halls of their school as harassment. Often it gives them a new perspective on how their behavior might be affecting other people.

- Defining sexual harassment
- Types of sexual harassment (physical, verbal, non-verbal)

- Myths about sexual harassment
- "Eye of the beholder theory" (Explains that how the person receiving the behavior feels about it, and deciphers whether it is harassment or not.)
- Flirting VS sexual harassment
- Why people don't report
- Effects of sexual harassment (on individual, and school)
- What to do if you are being harassed
- Opportunity for open discussion

Sexual Assault: This presentation clearly defines the situations that can lead to date rape that teenagers are often times not aware of. This presentation does not "promote" abstinence, because that would lead people to believe that rape is sex. Rape is a crime, not an act of passion.

- Different types of sexual assault (stranger rape VS date rape)
- Utah rape statistics
- What increases your risk for stranger rape, how to avoid the riskiest situations
- Statutory rape (laws, repercussions)
- Alcohol related rape (laws, examples) this is an area where teens have very little knowledge about what laws are in place
- Drug facilitated rape (Different kinds, what to watch out for, warning) includes a video about a girl who was drugged
- Sexual coercion
- Intimidation
- Myths about rape

- How to avoid the most common date rape scenarios (for example, seclusion or using excessive alcohol)
- Emphasize clear communication about boundaries
- What to do if you are raped
- What to do if someone you care about is raped
- Opportunity for open discussion

Dating Violence: This presentation often highlights some of the behaviors that teens may view as "normal" and shows them how these behaviors (for example, extreme jealousy) are abusive.

- Types of abuse (physical, emotional, sexual)
- Cycle of abuse
- Myths about abusers and victims of abuse
- Stress the importance of leaving an abusive relationship
- Warning signs that a relationship may become abusive
- Statistics on abuse
- Video to illustrate what was talked about
- Opportunity for open discussion



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